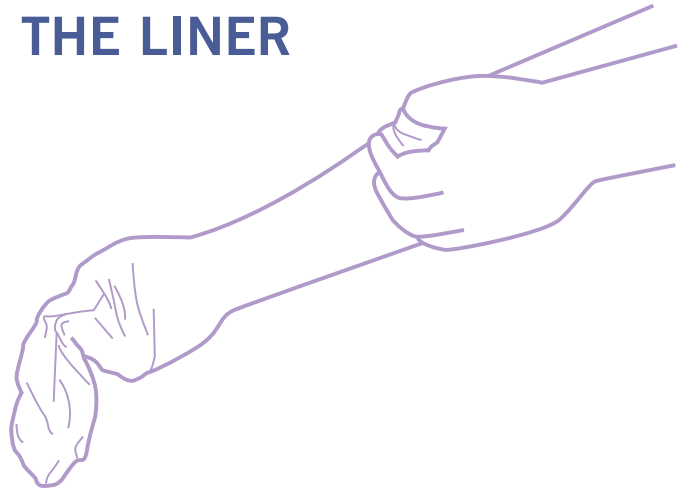


ComfiPRESSION™

HOSIERY AND LINER KIT

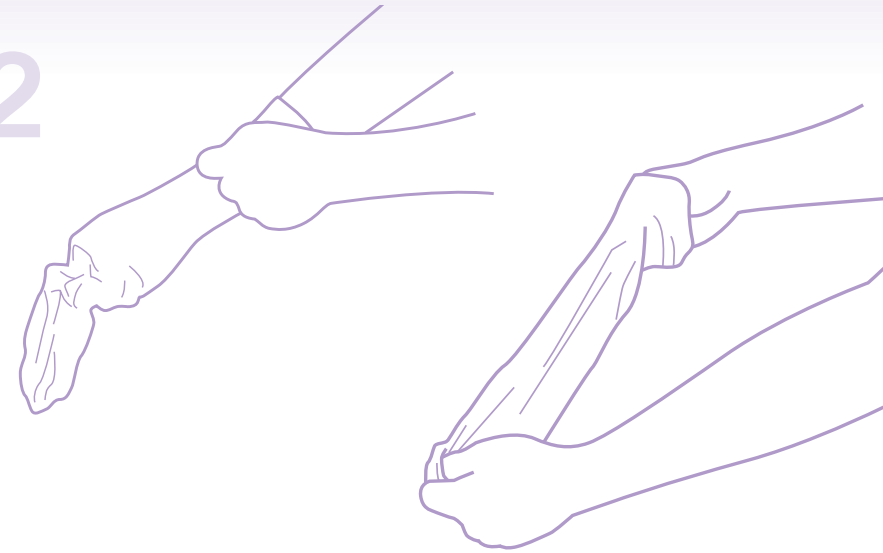
FITTING GUIDE

1 THE LINER



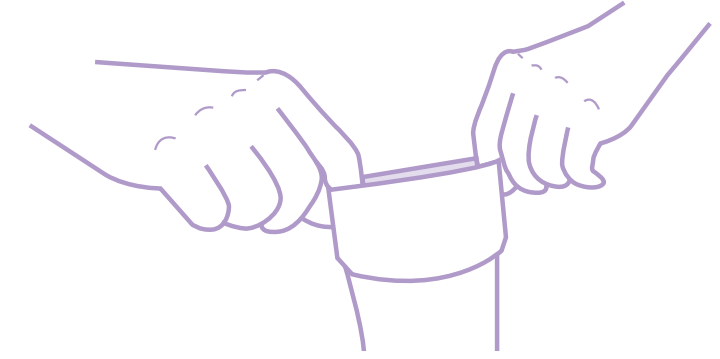
Slide hand into the liner, gripping the heel section between finger and thumb.

2



Turn the liner inside out leaving the foot of the liner still tucked in.

3



Fold the foot part of the liner back approximately 1" (2.5cm).
Position the patients foot onto a fitting stool or in your lap.

4



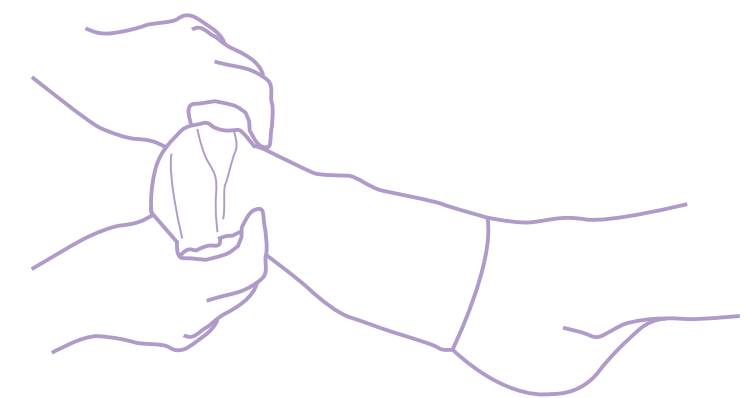
Place fingers or thumbs inside the foot of the liner and pull your hands apart to stretch the opening of the liner.

5



Gently slide the liner onto the patients foot.

6



Unfold the 1" (2.5cm) fold and ensure the foot of the liner is correctly positioned, with the heel in the correct location.
Place your thumbs or fingers inside the liner and gather up the remainder of the liner.

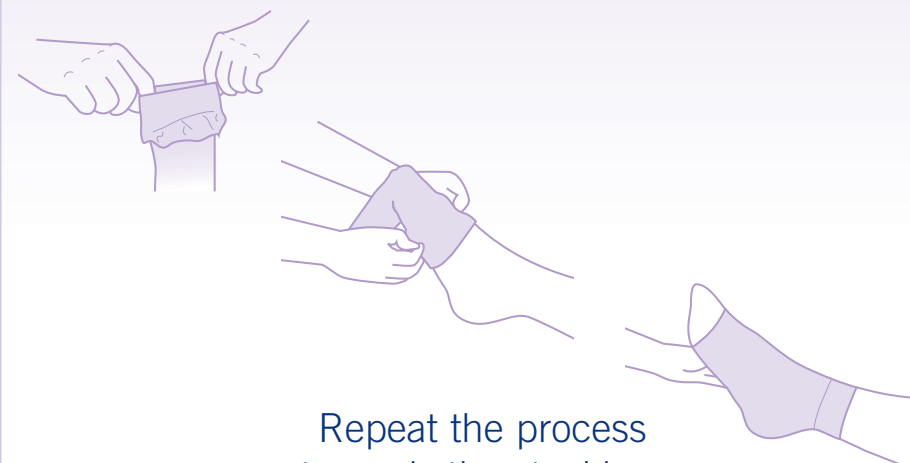
7



Pulling the liner slightly apart, slide it over the remainder of the foot, then over the ankle and up the calf to the crease behind the knee.

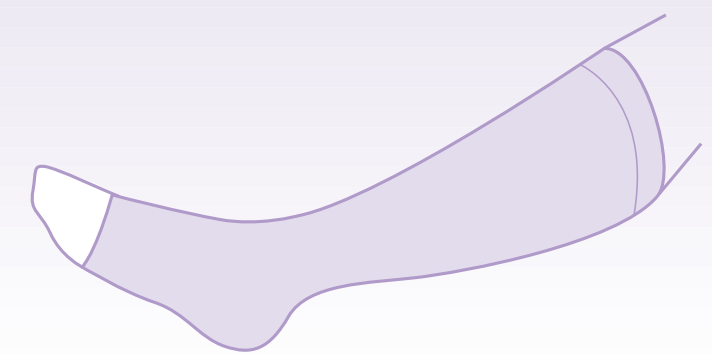
Ensure the liner is correctly positioned and free from any wrinkles or creases.

8 THE STOCKING



Repeat the process to apply the stocking.

9



Note Ensure that the bottom of the stocking covers the ball of the foot and that it is only the toes that are visible.

The top of the stocking should be aligned with the top of the liner.

MEASURING AND SIZING GUIDE

	Size (cm)	S	M	L	XL	XXL
A	A	30.5 - 37.5	33.0 - 40.0	35.5 - 43.0	38.0 - 46.0	40.0 - 49.0
B	B	19.5 - 25.5	21.5 - 27.5	22.5 - 29.5	23.0 - 32.0	23.5 - 34.0
C	C	20.5 - 24.5	23.0 - 26.0	25.5 - 29.5	26.5 - 32.5	26.5 - 32.5

MEASURING FOR COMFIPRESSION

- To ensure you obtain the optimum fit for your patients you will need to undertake 3 measurements of their affected limb.
- It is recommended that measurements are taken first thing in the morning, or immediately after the removal of any bandages on the affected limb.
- To ensure accuracy, all measurements should be undertaken when the leg is bare.
- Make a note of each measurement as it is made.

- Take both girth measurements (A and B) to the nearest 0.5cm with the measuring tape under normal tension.
- Measurement A is to be taken at the widest point of the calf. This can be done with the foot weight bearing and the patient either standing or sitting.
- Measurement B is to be taken just above the ankle bone at its smallest circumference.
- Measurement C is taken along the inside of the foot, from heel to the longest toe.

SIZING FOR COMFIPRESSION

Use the *Comfipression* sizing guide to obtain the correct size for your patient.

Depending upon limb measurements the patient may be suitable for two different garment sizes i.e. medium/large. While the optimum compression will be obtained by fitting the smaller of the two size options, fitting the larger garment may increase patient comfort and therefore concordance. In situations like this the clinician should choose the most appropriate garment size for the patient.

In situations where the patient has a long limb it should be noted that the larger size will provide greater length to the hosiery.

REF	DESCRIPTION	PRODUCT SIZE	THREAD COLOUR	PIP CODE
CPHK01	Comfipression Hosiery Kit	Small	Red	342-0957
CPHK02	Comfipression Hosiery Kit	Medium	Blue	342-0940
CPHK03	Comfipression Hosiery Kit	Large	Green	342-0932
CPHK04	Comfipression Hosiery Kit	X Large	Yellow	342-0924
CPHK05	Comfipression Hosiery Kit	XX Large	Purple	342-0908
CPLK01	Comfipression Liner Kit	Small	Red	342-0890
CPLK02	Comfipression Liner Kit	Medium	Blue	342-0882
CPLK03	Comfipression Liner Kit	Large	Green	342-0874
CPLK04	Comfipression Liner Kit	X Large	Yellow	342-0866
CPLK05	Comfipression Liner Kit	XX Large	Purple	342-0916

